

Resources for Homicide, Suicide, Accidents & Terrorism

Clinicians should consider the appropriateness and readiness of clients before making recommendations of websites and other resources.

Internet Resources

www.compassionatefriends.org - The Compassionate Friends

www.crime-victims.org - Crime Victims website

www.Dougy.org - The Dougy Center for Grieving Children and Families

www.jasonfoundation.com - The Jason Foundation

www.jedfoundation.org - The Jed Foundation

www.madd.org - Mothers Against Drunk Driving -1-800-GET-MADD or 1-800-438-6233

www.nationalcops.org - Concerns of Police Survivors 1-800-784-2677

www.ncvc.org - National Center for Victims of Crime 1-800-FYI-CALL or 1-800-394-2255. Excellent site, with a Resilience Scale and a great deal of information. Phone number 1-800-FYI-CALL. There is also a National Crime Victim's Bar Association link.

www.pomc.com - National Organization of Parents of Murdered Children 1-888-818-POMC (7662)

www.mivictims.org/nchs/ - National Coalition of Homicide Survivors, Inc. 520-740-5729

www.samaritans.org – 24 crisis counseling support (even via email)

www.suicideanonymous.org - Suicide Anonymous

www.try-nova.org - National Organization for Victim Assistance 1-800-TRY-NOVA or 1-800-879-6682

www.ojp.usdoj.gov/ovc/ovcres/welcome.html - Office for Victims of Crime Resource Center 1-800-627-6872 or TTY 1-877-712-9279

Books – Suicide or Homicide

A Grief Like No Other: Surviving the Violent Death of Someone You Love – Kathleen O'Hara & Dan Gottlieb

Bart Speaks Out: Breaking the Silence on Suicide – Linda Goldman (children's book)

Breaking the Silence: A Guide to Help Children With Complicated Grief: Suicide, Homicide, AIDS, Violence & Abuse – Linda Goldman

Children Are Survivor, Too: A Handbook for Young Homicide Survivors – Kathleen Aub

Choosing to Live: How to Defeat Suicide Through Cognitive Therapy – Thomas Ellis & Cory Newman

Healing After the Suicide of A Loved One – Ann Smolin & John Guinan

His Bright Light – Danielle Steel (autobiography of son's suicide)

How I Stayed Alive When My Brain Was Trying to Kill Me: One Person's Guide to Suicide Prevention – Susan Rose Baluner

Night Falls Fast: Understanding Suicide – Kay Redfield Jamison

Notes From A Young Girl Contemplating Suicide (poems) – Joyce Atchley Taylor

No Time To Say Goodbye: Surviving the Suicide of A Loved One – Carla Fine

Out of the Nightmare: Recovery From Depression and Suicidal Pain – David L. Conroy

Retelling Violent Death – Edward K. Rynearson

Silent Grief: Living in the Wake Of Suicide – Christopher Lukas & Henry Seiden

Suicide: The Forever Decision – Paul Quinnett

The Rising Tide of Suicide: A Guide to Prevention, Intervention & Postvention – Louis Richard Batzler

****Treatment of Complicated Mourning – Therese A. Rando

Vivienne: The Life and Suicide of An Adolescent Girl – John Mack & Holly Hickler

Waking Up, Alive: The Descent, The Suicide Attempt & The Return to Life – Richard A. Heckler0

When Father Kills Mother: Guiding Children Through Traumatic Grief – Jean Harris Hendricks, Dora Black, Tony Kaplan

When Something Terrible Happens: Children Can Learn to Cope With Grief – Marge Heegard

Books – Terrorism

A Healing Response To Terrorism: A Handbook for Mental Health & Spiritual Responders – Robert W. Grant

****Treatment of Complicated Mourning – Therese A. Rando

Books – General Grief Books

A Grief Observed – C.S. Lewis

A Mother Loss Workbook: Healing Exercises for Daughters – Diane Hambrook

Bereavement: Counseling the Grieving Throughout the Life Cycle – David Crenshaw

Beyond Grief: A Guide for Recovering From the Death of A Loved One – Carol Staudacher

But I Never Thought He'd Die – Practical Help for Widows – Miriam Baker Nye

Children and Grief: When A Parent Died – J. William Worden

Crossing the Bridge: Creating Ceremonies for Grieving and Healing from Life's Losses – Sydney Barbara Metrick

Death of A Mother: Daughters' Stories – Edited by Rosa Ainley

Don't Let Death Ruin Your Life: A Practical Guide to Reclaiming Happiness After the Death of A Loved One – Jill Brooke

Facing Death: Falling Apart and Coming Together in the Teen Years – Donna O'Toole

Good Grief: Helping Groups of Children When A Friend Dies – Sandra Sutherland

Grief Counseling & Grief Therapy: A Handbook for the Mental Health Practitioner – J. William Worden

Grief's Courageous Journey: A Workbook – Sandi Caplan & Gordon Lang

Grieving the Death Of A Mother – Harold Ivan Smith

Growing Through Grief: A K-12 Curriculum to Help Young People Through All Kinds of Loss – Donna O'Toole

Healing From Grief – James Van Praagh

Hello From Heaven – Bill and Judy Guggenheim

Helping the Bereaved: Therapeutic Interventions for Children, Adolescents and Adults – Alicia Skinner Cook & Daniel Dworkin

It Must Hurt A Lot: A Child's Book About Death – Doris Sanford, illustrated by Graci Evans (children's book)

Learning to Say Goodbye – Eda LeShan

Life After Life – Raymond Moody, forward by Elisabeth Kubler-Ross (also available in VHS)

Lifetimes: A Beautiful Way to Explain Death To Children – Robert Ingpen and Bryan Mellonie

Living When A Loved One Has Died – Earl Grollman

Living With An Empty Chair: A Guide Through Grief – Roberta Temes

Living Through Mourning: Finding Comfort and Hope When A Loved One Has Died – Harriet Sarnoff Schiff

Losing A Parent: A Personal Guide To Coping With that Special Grief That Comes With Losing A Parent – Fiona Marshall

Losing A Parent: Passage to A New Way of Living – Alexandra Kennedy

Losing Your Parents, Finding Your Self: The Defining Turning Point of Adult Life – Victoria Secunda

Loss, Trauma & Resilience: Therapeutic Work With Ambiguous Loss – Pauline Boss

Love Never Dies: A Mother's Journey from Loss To Love – Sandy Goodman

Love You Forever – Robert Munsch, illustrated by Sheila McGraw (a children's book for adults)

Mortal Acts: Eighteen Empowering Rituals for Confronting Death – David Feinstein & Peg Elliott Mayo

Motherless Mothers: How Mother Loss Shapes the Parents We Become – Hope Edelman

On Children and Death: How Children and Their Parents Can and Do Cope with Death – Elisabeth Kubler-Ross

On Death and Dying – Elisabeth Kubler-Ross

On Life After Death – Elisabeth Kubler-Ross

****Parental Loss of a Child – edited by Therese A. Rando

Signals: An Inspiring Story of Life After Life – Joel Rothschild, forward by Neale Donald Walsch

Talking About Death: A Dialogue Between Parent and Child – Earl A. Grollman (part is for children)

Talking With Children About Death and Life Eternal – P. William VanderWyden

Tell Me Papa: A Family Book About Children's Questions About Death and Funerals – Marv & Joy Johnson

The Anatomy of Bereavement – Beverly Raphael

The Art of Healing Childhood Grief: A School-based Expressive Arts Program – Anne Black & Penelope Simpson-adams (The center for Creative Healing)

The Bereaved Parent – Harriet Sarnoff Schiff

The Healing Journey Through Grief: Your Journal for Reflection and Recovery – Phil Rich

The Letter Box: A Story of Enduring Love – Mark & Diane Button (novel)

The Loss That is Forever: The Lifelong Impact of the Early Death of A Mother or Father – Maxine Harris

The Magical Thoughts of Grieving Children: Treating Children With Complicated Mourning and Advice for Parents – James A. Fogarty

The Mourning Handbook: A Complete Guide for the Bereaved – Helen Fitzgerald

******The Orphaned Adult: Understanding and Coping with Grief and Change After the Death of Our Parents – Alexander Levy**

The Psychology of Death – Robert Kastenbaum

Things I Should Have Said To My Father – compiled by Joanna Powell

******Treatment of Complicated Mourning – Therese A. Rando**

Remembrance of Father: Words to Heal the Heart – Jonathon Lazear

Remembrance of Mother: Words to Heal the Heart – Jonathan Lazear

Remembering With Love: Messages of Hope for the First Year of Grieving and Beyond – Elizabeth Levang & Sherokee Ilse (daily readings for grief)

What's Heaven? – Maria Shriver (children's book)

When Bad Things Happen To Good People – Harold Kushner

When Parents Died: A Guide For Adults – Edward Myers

Widowed – Joyce Brothers

Recommendation: Some books written by survivors of homicide, suicide or terrorist attack were written so early in their process, there is very little resolution and empowerment to reading them. Although they may be helpful to validate the early experiences of those who have had similar experiences, I prefer to find those autobiographical resources that were written later in the author's healing.